

Team Stars & Stripes-Trip Itinerary **(March 13-23, 2009)**

- Fri. March 13 Arrive at LAX airport (Los Angeles) by 12 noon for flight connection
2:10pm- Team USA departs LAX Singapore Airlines #11
- Sat. March 14 5:55 pm- Arrive Tokyo Narita Airport after crossing international date line
Approximately 7:00pm- Bus Transport from airport to US military base
Approximately 8:00pm-Arrive at base, check into living quarters, dinner, meeting
- Sun. March 15 8:00 am- Breakfast
 Team Meeting/religious service optional
10:00 am- dress for practice
10:30 am- practice
12:30 pm- end of practice
1:00 pm- lunch
3:00 pm- practice
5:00 pm- practice ends, shower and dress
6:30 pm- dinner
8:00 pm-team meeting
- Mon. March 16 7:00 am- Breakfast
9:00 am- dress for practice
9:30 am- practice
11:30 pm- end of practice; shower and dress
12:00 pm- lunch
1:30 pm- practice
3:30 pm- practice ends, shower and dress
4:30 pm- check out; load bus
5:00 pm- dinner
6:00 pm- bus departs for Kawasaki Stadium
7:30 pm- arrive; host family meeting
9:00 pm- ride home with host families
- Tues. Mar. 17 Breakfast with families; transport to stadium by hosts
10:00 am- arrive at Kawasaki station/ walk down to Stadium.
11:00 am-Practice starts
13:00 pm- Practice ends/ Lunch at locker room
13:30 pm- Leave for Sumo + Kendo (Eat lunch @ bus)-GROUP1
14:00 pm- Leave for Tqchibana High School(Kawasaki city)-GROUP2
6:30 pm-Back to KS
7:00 pm-Welcome Banquet starts host family and both teams attend
Approximately 9:00pm- host family transport to home
- Wed. Mar.18 Breakfast with families; transport to stadium by hosts
10:00 am- arrive at Kawasaki station/ walk down to Stadium.
11:00 am-Practice starts
1:00 pm- Practice ends/ Lunch at locker room
2:00 pm- Meeting starts
3:00 pm- Practice starts
5:00 pm-Practice ends/ shower and dress
5:30 pm- Walk down to Kawasaki station
6:00pm- Pick up by host families at Kawasaki station

- Thur Mar. 19 Breakfast with families; transport to stadium by hosts
8:30am- arrive at Kawasaki station/ walk down to Stadium.
9:30 am-Practice starts
11:30 pm-Practice ends/ Lunch at locker room/Shower and dress
1:00 pm- Outside Clinic Starts
3:00pm- Outside Clinic Ends/ Inside clinic starts / Players to Toshiba Factory tour
5:00pm- Inside clinic ends/ Factory tour ends
Approximately 6:00pm- host family transport to home
- Fri. Mar.20 Breakfast with families; transport to school by hosts
10:00 am- arrive at Kawasaki station/ walk down to Stadium.
11:00 am-Practice start
12:00 pm- Practice ends/ Lunch at locker room/ Shower and dress
1:00 pm- Bus Transport to ASAKUSA
5:30 pm-Bus back to hotel/ Dinner @ Shokudouen
- Sat. Mar.21 10:00 am-Pre game meal
11:00 am- Back to hotel for a final meeting
2:00 pm- U-19 Global Challenge Bowl Kickoff
 Awards Ceremony on the field
5:00 pm- host families transport home
- Sun. Mar.22 Breakfast with families
Spend the day with host families
- Mon. Mar.23 Breakfast with families
11:30 am-Transport to Stadium
12:00pm-Bus transport to Airport
6:30 pm-Flight back to LAX (SQ #12)
12:25 pm- Arrive LAX (note-it is still Monday!!! You arrived before you left Tokyo?)
 Tranfer for flight home (be sure it does not leave before 2:30 pm)

For flight arrangements and information you should contact:

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