

MARCH 27 - APRIL 3



2011 GLOBAL BOWL - PANAMA
TEAM STARS & STRIPES VS. PANAMA ALL-STARS



Tour Inclusions:

- Round-trip airfare
- Seven (7) nights hotel accommodations
- Ground transportation
- Daily meals
- Full-time tour director(s)
- Full-time coaching staff
- Guided sight-seeing tours (as indicated on itinerary)
- Game and Practice(s)
- Post-game party and farewell awards banquet
- Apparel package

Tour Highlights:

- Panama ruins
- Colonial Panama
- Miraflores Locks
- Embera Indian Culture
- Decameron beach resort
- Panama Canal Jungle Boat
- Lake Gatun Explorer
- 2011 Global Bowl Panama

March 27 – Depart Miami; Arrive Panama
Arrive in Panama City, Republic of Panama. You will be met at the International Airport by your local representative as well as football coordinator, with transfer to your hotel.

March 28- City and Canal Tour
Start the day with a morning practice to get used to the tropical climate and shake off the travel day. We will visit the ruins of our first city of Panama (Old Panama), founded in 1519; and then we'll tour modern Panama City, where we'll gaze at the city's skyscrapers, the banking district, as well as the hotels and commercial centers. Then take a visit to Colonial Panama, founded in 1673, which is known as the last Spanish sea walled city. After lunch, we'll visit Miraflores Locks, the Pacific entrance of the Panama Canal. At the Miraflores visitor center we'll see huge ships pass the locks just a few feet away; next, enjoy a presentation which briefs you on the 500 year history of the water way. Later, we'll visit other areas of interest, including the Panama Canal Administration Building.

March 29 - Embera Indian Culture
Enjoy the second morning practice on the training fields of Florida State University-Panama, sitting under the Bridge of the Americas, which spans the mouth of the Panama Canal. Just 1 hour from the city is Chagres National Park, where the community

Embera is located. There we will embark on piraguas (canoes) through the Chagres River, where we'll arrive at the Embera Village. They will welcome us sharing their cultural traditions, with demonstrations of their hand crafts and their botanical skills. The natural beauty that surrounds the village includes a primary forest and crystalline waterfalls, where you will experience their lifestyle, while enjoying their exquisite native food "Patacones con Pescado" (fish and fried plantain) deliciously prepared.

March 30 - Decameron
After a morning practice, transfer a short drive to the Decameron all-inclusive beach resort and hotel where you can relax on the sandy beach fronting the Pacific Ocean. Rest up from your practices and share the time with your teammates. With numerous restaurants in the resort, open 24 hours, you will truly enjoy the local cuisine and beverages, all included for the team.

March 31 - Beach Activities
Start with a morning practice, then enjoy a full day of beach activities included in your stay at Decameron, sharing with your friends in lovely Panama! Include: overnight in decameron hotel all inclusive.

April 1 - Panama Canal Jungle Boat
After your morning practice, a day of adventure will take you to the waters of

MARCH 27 - APRIL 3



2011 GLOBAL BOWL - PANAMA

TEAM STARS & STRIPES VS. PANAMA ALL-STARS



the world's most famous man-made lake, Lake Gatun, situated in the heart of the Isthmus of Panama. It was constructed between 1910-1914 to make the Panama Canal possible. From the lake's shore you will board the fast 25' panga style boats for a voyage of discovery. You will navigate along ancient routes that crossed the isthmus long before the lake's creation. You will glide past lush rain forests to a scenic region of the lake and witness firsthand the splendor and excitement of the jungle. Exotic birds, monkeys, sloths, iguanas, and crocodiles are just a few of the animals that you can view in their native surroundings. The ultimate destination will be the Gatun Explorer, the lake's first custom exploration vessel. This spacious 61' long double-decked boat has plenty of room for you to relax and enjoy the day. A delicious native style lunch with refreshments will be served onboard. Afterwards numerous activities are available at no additional costs. Explore on your own while kayaking, swimming, and

fishing. Or if you prefer, just relax onboard the Gatun Explorer and sip a cool drink while taking in the beauty of the area.

April 2 - 2011 Global Bowl Panama



Show off your skills and teamwork against the Panama National Team in historic Balboa Stadium. American football has been played in Panama for decades, with numerous coaches having worked in the Canal Zone. The youth participation is particularly high there, with a continued interest in the sport, that will only be enhanced by your game there! A Farewell Awards Dinner will allow us to recognize some of the key people on the trip, before one last night enjoying the Pacific breezes.

April 3 - Depart Panama

Depart for the USA with lifelong memories of an incredible week in Panama!

FOOTBALL ARRANGEMENTS COORDINATED BY:



Please note: The order of sight-seeing and game day destination may be altered depending on final game and practice schedule. This itinerary is based on the previous Global Bowl Panama game and should be used as a guide only.

TRAVEL ARRANGEMENTS COORDINATED BY:



7920 BELT LINE ROAD SUITE 1010

DALLAS, TEXAS 75254

PHONE: (866) 913 - 7169

INTERNATIONAL@ANTHONYTRAVEL.COM