







Dvorak's Rafting & Fishing Expeditions Est. 1969



Provide athletic **Teams** with a unique opportunity to utilize the challenging natural environment of the Colorado Rockies in ways that will:

- Develop **Team** leaders
- Build powerful personal relationships among Team members
- Demand the athletes sacrifice for the success of the Team
- Enable **Team leaders** to emerge
- Allow the **Team** to celebrate the accomplishments achieved together





Seeking Leaders! Amateur athletic Teams- mens and womens, all sports

- Football, Soccer
- Swimming, lacrosse, volleyball
- Basketball, softball, baseball
- Hockey, track & field, field hockey, etc.

Through intense effort, selfless leadership and powerful peer support, each **Team** member will approach his or her Breaking Point, and be able to move past it.



Based upon decades of experience in athletics, travel, communications and business, we know that **Teams** can be uniquely forged outdoors, and lessons transferred to other goals the **Team** may use in its sport.

The single-most powerful challenge in nature that a **Team** can face and overcome, together, in the space of one day is to hike to the summit of a towering mountain.

There are over 600 mountains in Colorado that tower more than 13,000 feet, each presenting a uniquely daunting challenge.

Each poses dramatic physical barriers, as well as mental and emotional ones, very similar to real-life obstacles needed to overcome in order to achieve success.

These are best achieved through **Teamwork** and **Leadership**.



Our 'MTN Global Leadership' group understands, through decades of experience, the key elements encountered during these impactful adventures.

These obstacles cause novice hikers to cringe with anxiety, to seek out **L**eaders among their peers, to gather together in physical and mental spirit in order to get every **Team** member to the mountaintop - as a **TEAM**.

Our pre and post-hike 'huddles' will focus on key items the Coach feels are important for his or her student athletes, in conjunction with topics we as leaders and instructors also feel are impactful.



As time and budget allow, we would suggest including two other challenging outdoor elements, achieved in 1 or 2 days.

Taking on one of America's top whitewater rivers, the nearby Arkansas, working together in 4-6 person boat teams, coordinated and led by a highly skilled and experienced river guide.

Whitewater rafting requires each team member to listen closely to instructions, to paddle as directed, to achieve success of getting safely downstream and to overcome very real fears.

4-6 hours on a frothing, dynamic river paddling together will work wonders in developing your **T**eam, in identifying Leaders.



The other suggested element is top-rope rock climbing and rappelling on challenging yet achievable rock faces.

Team members will work together to insure safety, to encourage and assist other Teammates, under the watchful eyes of highly trained and experienced instructors.

IN GOOD HANDS...

Global Football Founder & President
Patrick Steenberge will personally manage and lead
the MTN Global Leadership courses,
in partnership with Dvorak Expeditions,
Colorado's 1st licensed outfitter.

A former Notre Dame quarterback under Ara Parseghian, Patrick has organized and led educational team sports tours in 28 countries on 6 continents since 1996.

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