

Together Everyone Achieves the Mountaintop







Dvorak's Rafting & Fishing Expeditions Est. 1969

Game Plan Outline

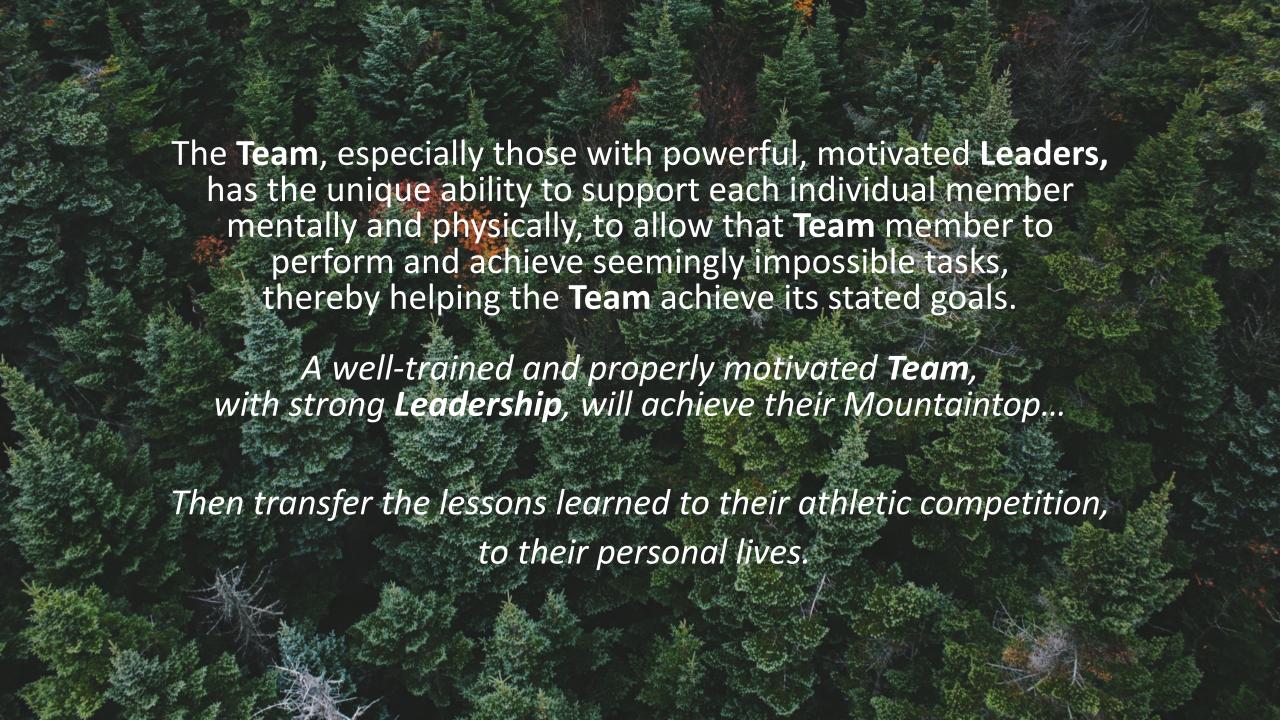
- 1. TEAM: Together Everyone Achieves the Mountaintop
- 2. Goals Think Big! Utilize the challenging natural environment of the Colorado Rockies
- 3. Motivated leaders support one another physically and mentally, developing the true team
- 4. Instill leadership in your team, inspiring and enabling peak performance
- 5. Methods to achieve the mountaintop, using teamwork and leadership experience
- 6. Identify the leader within, allowing individuals to summit as a team
- 7. TEAM Experiences: Whitewater rafting and top rope climbing; achieve success and overcome fears
- 8. MTN Global Leadership Team uniquely experienced in designing, implementing, managing, and executing leadership experiences for all types of individuals in challenging settings worldwide



Provide athletic **Teams** with a unique opportunity to utilize the challenging natural environment of the Colorado Rockies in ways that will:

- **Develop Team** leaders
- **Build** powerful personal relationships among **Team** members
- Demand the athletes sacrifice for the success of the Team
- Enable Team leaders to emerge
- Focus on Mental Strength of each individual, and the TEAM
- Allow the **Team** to **celebrate** the accomplishments achieved together

Through intense **Effort**, selfless **Leadership** and powerful **Peer Support**, each **Team** member will approach their **PERSONAL BEST**, and help the **TEAM** do same.



Praise For The Global Football Team

"Patrick, China 2019 was an unbelievable trip, and you and your team were tremendous. The best with whom I've had the opportunity to work on a trip."

Dr. M. Grace Calhoun
 Director of Athletics and Recreation
 University of Pennsylvania
 Chair of NCAA Division I Council





Seeking Leaders wanting to develop their talents to enable Peak Performance, thereby helping build their team!

Amateur athletic **Teams-** mens and womens, all sports, all ages

- Football, Soccer
- Swimming, lacrosse, volleyball
- Basketball, softball, baseball
- Hockey, track & field, field hockey, etc.



Based upon decades of experience in athletics, travel, communications and business, we know that *Teams can be uniquely forged outdoors*, and lessons transferred to other goals the **Team** may use in its sport.

The single-most powerful challenge in nature that a **Team** can face and overcome, together, in the space of one day is to hike to the summit of a rugged mountain.

There are over 600 mountains in Colorado that tower more than 13,000 feet, 58 of them over 14,000 feet, hundreds more somewhat lower yet each presenting a uniquely daunting challenge.

Each poses dramatic physical barriers, as well as mental and emotional ones, very similar to real-life obstacles needed to overcome in order to achieve success.

Teamwork and Leadership are best learned through Experience, Outdoors!



Our 'MTN Global Leadership' group understands, through decades of experience, the key elements encountered during these Outdoor Learning Adventures.

These obstacles will cause novice hikers to seek out **Leaders** among their peers, to bond together in physical and mental spirit in order to get *every Team member* to the mountaintop, to Summit as a **TEAM**.

Our pre and post-hike 'huddles' are critical, as will focus on key topics the Coach feels are important for his or her student athletes, in conjunction with items we as leaders and instructors also feel are impactful.



We suggest including two other challenging outdoor TEAM elements, providing a comprehensive 7-day/6-night experience.

Taking on one of America's top whitewater rivers, the Arkansas, working together in 4-6 person boat teams, coordinated and led by a highly skilled and experienced river guide.

Whitewater rafting requires each team member to closely adhere to instructions, to paddle as directed, to achieve success by getting safely downstream and to overcome normal individual fears.

4-6 hours daily on a frothing, dynamic river paddling together will work wonders in developing your **Team**, in identifying **Leaders**.



Top-rope rock climbing and rappelling on challenging yet achievable rock faces.

Every Team member will feel fear on the rock, a natural sense that can be overcome through **Trust and Team Encouragement**.

Team members will work together to insure safety, to support and assist other Teammates, under the watchful eyes of highly trained and experienced instructors.



Day 1: Arrive Arkansas River Valley, CO at Dvorak Outfitters, transport to base camp Day 2: Orientation, equipment check, acclimatization hike, Rocky MTN Camp, Huddle Day 3: Transfer to river launch site, safety lesson, raft upper Arkansas river, river camp Day 4: Climbing instructions, top-rope rappelling, on-belay climbing, river camp Day 5: Raft lower Brown's Canyon, summit base camp, debrief, prep for MTN Summit Day 6: TEAM summit hike, weather permitting we will tackle 14,232' Mt. Shavano, or another peak, head down to camp, celebration dinner, post-Experience Huddle Day 7: Breakfast, camp breakdown, head for home

MTN Global Leadership Team

"Patrick and I have taken my football teams to Germany, Austria, Panama, and Tanzania on amazing trips that positively impacted everyone involved in all kinds of ways. We climbed mountains in both Austria and Tanzania and that experience alone made the trips worth it. The opportunity for leadership development in the Rocky Mountains will be incredible.

It is the perfect combination of his expertise and the difficult but attainable summit experience. I highly recommend developing your leaders through this unique opportunity."

- Chris Creighton, Head Football Coach, Eastern Michigan University



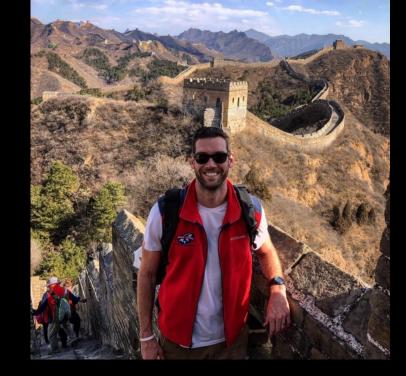




MTN Global Leadership Team

Global Football team member **Kevin Steenberge**will work directly with clients designing and guiding customized leadership Experiences.

An All-Conference player at the University of Richmond, former professional basketball player, and graduate of the Jepson School of Leadership Studies (B.A. '06), Kevin brings a unique understanding of leadership as an athlete at the highest levels and in the world beyond sports.





IN GOOD HANDS...

Global Football Founder & President
Patrick Steenberge will personally manage and lead
the MTN Global Leadership Experiences,
in partnership with Dvorak Expeditions,
Colorado's 1st licensed outfitter.

A former Notre Dame quarterback under Ara Parseghian, Patrick has organized and led educational team sports tours in 28 countries on 6 continents since 1996.

Contact: Patrick Steenberge

patrick@globalfootball.com 817.219.7274



